

# International Travel During COVID-19

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Languages

[Print](#)

On This Page

- [International Travel Recommendations for Fully Vaccinated People](#)
- [International Travel Recommendations for Unvaccinated People](#)
- [Recommendations Quick Reference](#)
- [Check Travel Restrictions](#)

## Updated Information for Travelers

Fully vaccinated travelers are less likely to get and spread COVID-19. However, international travel poses additional risks and even fully vaccinated travelers are at increased risk for getting and possibly spreading new COVID-19 variants.

CDC recommends delaying international travel until you are fully vaccinated.

If you are fully vaccinated with an FDA-authorized vaccine:

- You should continue to follow CDC's recommendations for traveling safely and get tested 3-5 days after travel.
- You do NOT need to get tested before leaving United States unless your destination requires it.
- You do NOT need to self-quarantine after arriving in the United States.

The COVID-19 situation, including the spread of new or concerning variants differs from country to country, and even fully vaccinated travelers need to pay close attention to the [situation at their destination](#) before traveling.

Do not travel internationally until you are [fully vaccinated](#). If you are not fully vaccinated and must travel, follow CDC's international travel recommendations for unvaccinated people.

CDC will update these recommendations as more people are vaccinated, as rates of COVID-19 change, and as additional scientific evidence becomes available.

## International Travel Recommendations for Fully Vaccinated People

Have You Been Fully Vaccinated?

People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, you are NOT fully vaccinated. Keep taking all [precautions](#) until you are fully vaccinated.

If you have a condition or are taking medication that weakens your immune system, you may NOT be fully protected even if you are fully vaccinated. Talk to your healthcare provider. Even after vaccination, you may need to continue taking all [precautions](#).

- Before you travel
  - Make sure you understand and follow all airline and destination requirements related to travel, testing, or quarantine, which may differ from U.S. requirements. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.
  - Check the current [COVID-19 situation in your destination](#).
- While you are traveling:
  - Wear a mask over your nose and mouth. **[Masks are required](#)** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
  - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
  - Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Before you arrive in the United States:
  - All air passengers coming to the United States, **including U.S. citizens and fully vaccinated people, [are required](#)** to have a negative COVID-19 test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After travel:
  - Get tested with a [viral test](#) 3-5 days after travel.
  - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - Follow all [state and local](#) recommendations or requirements after travel.

## International Travel Recommendations for Unvaccinated People

CDC recommends delaying international travel until you are able to get fully vaccinated. If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:

- Before you travel:
  - Get tested with a viral test 1-3 days before your trip.
  - Make sure you understand and follow all airline and destination requirements related to travel, testing, or quarantine, which may differ from U.S. requirements. If

you do not follow your destination's requirements, you may be denied entry and required to return to the United States.

- Check the [COVID-19 situation in your destination](#).
- While you are traveling:
  - Wear a mask over your nose and mouth. **[Masks are required](#)** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
  - Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
  - Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Before you arrive in the United States:
  - All air passengers coming to the United States, including U.S. citizens and fully vaccinated people, **[are required](#)** to have a negative COVID-19 viral test result no more than 3 days before travel or documentation of recovery from COVID-19 in the past 3 months before they board a flight to the United States.
- After you travel:
  - **[Get tested with a viral test 3-5 days](#)** after travel **AND** stay home and self-quarantine for a full 7 days after travel.
    - Even if you test negative, stay home and self-quarantine for the full 7 days.
    - If your test is positive, [isolate](#) yourself to protect others from getting infected.
  - If you don't get tested, stay home and self-quarantine for 10 days after travel.
  - Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
  - Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
  - Follow all [state and local](#) recommendations or requirements.
- Visit your [state, territorial, tribal](#), and [localexternal icon](#) health department's website to look for the latest information on where to get tested.

Do NOT travel if you were [exposed to COVID-19, you are sick, you test positive for COVID-19](#), or you are waiting for results of a COVID-19 test. Learn when it is [safe for you to travel](#). Don't travel with someone who is sick.

## International Travel Recommendations Quick Reference

[alternative text for web accessible infographic](#)

# International Travel

## RECOMMENDATIONS AND REQUIREMENTS

Not Vaccinated

Fully Vaccinated

Get tested 1-3 days before traveling out of the US



Mandatory test required before flying to US



Get tested 3-5 days after travel



Self-quarantine after travel for 7 days with a negative test or 10 days without test



Self-monitor for symptoms



Wear a mask and take other precautions during travel



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Check Travel Restrictions

If traveling internationally, check with your destination's Office of Foreign Affairs or Ministry of Health or the [US Department of State, Bureau of Consular Affairs, Country Information page](#) for details about entry requirements and restrictions for arriving travelers. Follow all entry requirements for your destination and provide any required or requested health information. If you do not follow your destination's requirements, you may be denied entry and required to return to the United States.

If traveling by air, check if your airline requires any health information, testing, or other documents. If traveling internationally, you must get a COVID-19 test no more than 3 days before you return by air to the United States. [You are required to show](#) a negative COVID-19 test result or documentation of recovery from COVID-19 before boarding a flight to the United States.

### **Information for people who recently recovered from COVID-19**

If you recovered from a documented COVID-19 infection **within the last 3 months**, follow all requirements and recommendations for fully vaccinated travelers except you do NOT need to get a post- arrival test 3-5 days after travel unless you are symptomatic. CDC has found that people can continue to test positive for up to 3 months after diagnosis and not be infectious to others.

### More Information

- [Frequently Asked Questions about Travel and COVID-19](#)
- [Know Your Travel Risk](#)
- [COVID-19 Travel Recommendations by Destination](#)
- [Health Information for International Destinations](#)
- [Protect Yourself When Using Transportation](#)
- [Domestic Travel During the COVID-19 Pandemic](#)