



Join Boonton Parks & Recreation's

# Trailblazers Field Hockey Club

Have you always wanted to learn a new sport, or advance your skills? Do you just want to play in more games? Well, this is the team for you! Players will learn the skills, rules, and strategies of field hockey while nurturing sportsmanship, leadership, and communication skills. Teams will compete in games against programs from area towns. Registration will run through July 17. Do not delay. Sign up now!

**FOR:** Boonton (and Lincoln Park) residents (male or female) going into grades 4, 5, 6, 7, & 8 (Fall 2020)

## **SCHEDULE:**

**Practices:** Wednesdays 6:15-8:00 p.m., starting Sept. 9 – end of November @ BHS Turf. A second practice may be called for beginners if field space is available. If there's a scheduling conflict with the high school, the practice day will be changed. Due guidelines for returning to play connected to COVID-19, we need to be flexible with our schedule this season. Participants will be informed of needed adjustments to the schedule ASAP.

**Games:** Sat. afternoons, starting Sept. 21. Some games may need to be played on a different day (likely Sunday) based on turf availability or postponements due to weather. Home games on the BHS Turf (if available). There are approximately 6-8 games (usually 4 home and 4 away). The number of games may be less this year due to the pandemic.

**TEAMS:** One grade 4/5/6 team (25 Player Cap) & one grade 6/7/8 Team (25 Player Cap). If large enrollment, additional teams will be added so that all players get plenty of playing time (minimum 16 players per team). If there is interest, a men's team will be created.

**EQUIPMENT:** It is preferred that players have their own sticks and shin guards. Many of you already own these items. We do have sticks and shin guards for your use, but they must be returned. Mouth guards will be provided and kept. Goalkeeping equipment/uniform will be lent to keepers for the season.

**REGISTRATION & FEES: DO NOT SEND ANY MONEY YET. FEES WILL BE COLLECTED AT THE FIRST PRACTICE.** Please email Tracy Pryer at [rec@boonton.org](mailto:rec@boonton.org) with questions.

**PLAYER FEES:** \$100 – Includes reversible pinny and two pairs of socks. We will NOT be ordering full uniforms this year because of the short turn around time. Instead, we are ordering pinnies. We will go back to uniforms next season. Please make checks payable to Boonton Parks & Recreation. Complete the registration, waiver, and medical release forms and submit to:

Town of Boonton Recreation  
100 Washington Street  
Boonton, NJ 07005

## **COACHES:**

Cindy Tserkis-Schlitt – 30+ years playing/coaching experience. Level II USFHA Certified. Current BHS Varsity Coach. Founder/13-year head coach of BMS field hockey team.

Amanda Sheehan – 20 years playing/coaching experience. Current Boonton Middle School Head Coach.

**BOONTON PARKS & RECREATION**  
**ATHLETIC / ACTIVITY EMERGENCY CARD – REGISTRATION & MEDICAL EMERGENCY CARD**

Name \_\_\_\_\_ Grade (in 2020-2021) \_\_\_\_\_ Sex: M / F Sport Field Hockey

Date of Birth \_\_\_\_\_ Place of Birth \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Father's Name \_\_\_\_\_ Bus. Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Mother's Name \_\_\_\_\_ Bus. Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email Address (frequently checked): \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

Student's Physician \_\_\_\_\_ Phone \_\_\_\_\_

Student's Dentist \_\_\_\_\_ Phone \_\_\_\_\_

Please list any medical conditions, health concerns, and allergies for your child: \_\_\_\_\_

\_\_\_\_\_

Please list any medications taken by your child: \_\_\_\_\_

\_\_\_\_\_

**MEDICAL EMERGENCY**

In the event of an emergency and I cannot be reached, I give my permission for my son / daughter / legal ward to be given necessary immediate care at a hospital or other medical or dental facility.

I give my consent and approval for my son / daughter to participate in (sport) \_\_\_\_\_ during the \_\_\_\_\_ school year in accordance with the rules and regulations of the Northern New Jersey Field Hockey League, the Boonton Parks & Recreation, and the FIH rules as modified and interpreted by the National Federation of State High Schools Associations and Field Hockey Officials Association, Inc. I agree that my child and anyone attending the practices, games, or other team events will comply with the guidelines set forth by the CDC and NJSIAA designed to stop the spread of COVID 19, including providing your own protective masks, etc.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

**WAIVER & RELEASE OF LIABILITY**

In consideration of being allowed to participate in any way in the Boonton Parks and Recreation programs, related events and activities, the undersigned acknowledges, appreciates, and willingly agrees that:

1. I will comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
2. I acknowledge and fully understand that each participant will be engaging in activities that involve risk or serious injury, including permanent disability and death, and severe social and economic losses which may result not only from their own actions, inactions, or negligence but the action, inaction, or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, I accept personal responsibility for the damages following such injury, permanent disability or death; and,
3. I knowingly and freely assume all such risk, both known and unknown, even those arising from the negligent acts or omissions of others, and assume full responsibility for my participation; and
4. I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release, hold harmless the Town of Boonton, the Boonton Parks and Recreation Department, its officers, officials, affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies advertisers, and, if applicable owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releasees", with respect to all and any injury, disability, death or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise, to the fullest extent permitted by law.

**I have read this release of liability and assumption of risk agreement, fully understand its terms, and understand that I have given up substantial rights by signing it and sign it freely and voluntarily without any inducement.**

Signature of Participant (even if under 19) \_\_\_\_\_ Date \_\_\_\_\_

**This is to certify that I, as parents/guardian with legal responsibility for this participant, do consent and agree to indemnify and hold harmless the releases from any and all liabilities incident to my minor child's involvement or participation in these programs above, even if arising from their negligence, to the fullest extent permitted by law.**

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

# NEW JERSEY STATE INTERSCHOLASTIC ATHLETIC ASSOCIATION

1161 Route 130 North, Robbinsville, NJ 08691-1104

## COVID-19 Daily Screening Questions

**Please submit a hard copy, or email a picture of this completed, signed form to each practice. Players will not be permitted to participate in practice without it.**

Name of Student: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Cell: \_\_\_\_\_

Sport: \_\_\_\_\_

Are you experiencing any of the following symptoms?

Please Circle One

1. Fever ( $\geq 100.4^{\circ}\text{F}$ )

YES

NO

2. Cough or shortness of breath

YES

NO

3. Sore Throat

YES

NO

4. Chills

YES

NO

5. Muscle aches or rigors

YES

NO

6. Headache

YES

NO

7. New loss of taste or smell

YES

NO

8. Abdominal pain, nausea, vomiting or diarrhea

YES

NO

Have you had close contact with someone who is currently sick?

YES

NO

Have you been diagnosed with COVID-19 in the past three weeks or have reason to believe you have COVID-19?

YES

NO

Have you traveled or had close contact with anyone who has traveled internationally in the last 14 days?

YES

NO

If you took your temperature this morning, what was the reading? \_\_\_\_\_

To participate in workouts/practices/games during the season, each student must complete this form daily before every workout. This is a recommended template for the COVID-19 pre-screening questions. Screening questionnaires must be completed prior to arriving on school grounds.

We will be ordering pinnies for THIS SEASON. Below is the mock-up of our actual uniform which we will return to for the spring or next fall. For the sake of getting sizes and jersey numbers, please complete the form below. Each player will be responsible for wearing NAVY BLUE shorts to the games as part of their uniform. New white (home) and green (away) socks will be purchased and given to each player to keep.

# UNIFORM ORDER



The uniforms are a reversible racerback jersey and reversible kilt. Your jersey is personalized with your last name on the back. Please make certain the name below is correctly spelled and legible. You will receive a mouth guard, reversible jersey, reversible kilt, home and away socks (Goal keeper jerseys are a lent out to keepers for the season).

It is your responsibility to purchase a "bike short" in NAVY BLUE to wear under the kilt. It is also your responsibility to purchase any kind of cold gear to wear under the uniform when the temperature drops. Long sleeve shirts worn under the uniform must match the colors of the uniform (white for home games and navy for away games). An apparel order will be available during the summer that will include the bike short and cold gear, as well as t-shirts, sweatshirts, etc. You are welcome to purchase the bike short and cold gear from this order or on your own.

**LAST NAME:** \_\_\_\_\_

**FIRST NAME:** \_\_\_\_\_

**RETURNING PLAYER JERSEY #:** \_\_\_\_\_

**UNIFORM SIZE:** Please circle ONE size for the jersey and ONE size for the kilt. According to the vendor, the uniforms do **NOT** have a lot of stretch, so if you are unsure, size up. These uniforms will be used in future seasons. It will not be necessary to purchase another next year. To accommodate growth, you may want to size up for that reason as well.

<b>JERSEY</b>	YOUTH		M	L			
	WOMEN'S	XS	S	M	L	XL	XXL
<b>KILT</b>	YOUTH		M	L			
	WOMEN'S	XS	S	M	L	XL	XXL
<b>SOCKS</b>	Youth (One Size)	or	Adult (One Size)				

**JERSEY NUMBER:** Please list your four top choices for a jersey number. There is no guarantee you will get your first choice, but an effort will be made to do so.

**FIRST CHOICE:** \_\_\_\_\_

**SECOND CHOICE:** \_\_\_\_\_

**THIRD CHOICE:** \_\_\_\_\_

**FOURTH CHOICE:** \_\_\_\_\_



Cynthia A. Tserkis-Schlitt  
Head Coach & Manager  
Trailblazers Field Hockey Club

Boonton Parks & Recreation  
100 Washington St.  
Boonton, NJ 07005

973-452-0827  
[cynthia.tserkis@boontonschools.org](mailto:cynthia.tserkis@boontonschools.org)  
[www.boonton.org/179/Recreation-Sports](http://www.boonton.org/179/Recreation-Sports)

Sept. 3, 2020

Dear Boonton/Lincoln Park families,

First, I apologize for the delay in getting this information out to you. With so much uncertainty caused by COVID-19, we were not sure whether we would be able to run the Trailblazers Field Hockey Club this season. Even now, there is still the chance that the league will not run. However, the intent is that it will, and with the support of Boonton Parks & Recreation, we are going to open registration. So welcome back or simply welcome to the team! It's time to get back to the field and play!

That said, the turnaround for registration will be VERY QUICK. We will collect registration forms and fees on the first night of practice, scheduled for Wednesday, Sept. 9<sup>th</sup>. If you are unable to attend on such short notice, don't worry. Either have someone bring your registration and payment to me or mail it to the Town Hall. If you are a returning player, you are familiar with how this works. If you know of anyone new who wants to play this year, please share this information with her. It will be posted on the Parks & Rec. webpage, but the more word of mouth, the more players. We have told the league we will field our usual two teams (a 4-6 team and a 7-8 team). If I need to add a third team I will, but I would need to know this by the end of next week so that a schedule can be added for them. We require at least 16 players on each team to run the program. Please do everything you can to hand in registration forms and fees by Sept. 8 either through the mail or in person. I will order a handful of extra pinnies for latecomers, but I need to know my numbers ASAP.

Please understand that to make this work everyone will need to be flexible with practice days. The time will always be 6:15 p.m. - 8:00 p.m., but the day of the week may vary. We will have at least one practice during the week with a game on the weekend. We are hopeful to keep practices to Wednesdays but cannot guarantee this. Where possible, I will hold a second practice during the week for new players. Since most new players are not yet on the Boonton Middle School team and are not getting practices 5+ days a week, it is important to give the beginners as much of an opportunity as possible to learn and develop skills. I am not able to predict which days the turf will be available and will have to go week-to-week to determine the practice days. However, I should be able to inform everyone the week before about the days of the next week's practice(s). Games are almost always Saturdays but could be moved to Sundays if the fields are not available or if we have a rain delay.

Another change, for this year only, is uniforms. Unlike previous years, I am not able to order uniforms. If you already have one, you may wear it, but this year each player is going to get a reversible pinny to wear for games. There is not enough time to get uniforms in before our games start, but the return on the pinnies will be quick. Players will need to wear their own navy blue shorts with the pinny for the games (tank top or t goes under the pinny), and I will provide everyone with new white and green socks. I will set up a team store ASAP but give me a week or so to set it up.

Last is equipment. Most of you already have your own sticks, shin guards, and goggles. We have some we can sign out that must be returned at the end of the season, but **NO ONE IS PERMITTED TO SHARE ANY GEAR**. Goalkeepers will be responsible for borrowing the gear, keeping it clean, and returning it at the end of the season. There is also a rule change for player equipment this year. Goggles are **NO LONGER REQUIRED**. It is your choice whether you wear them or not. So, do not feel the need to order them if you prefer not to wear them. If you plan to purchase any equipment, I highly recommend buying from Longstreth. They are by far the most reliable company with the best field hockey products. You can see their catalogue online at [longstreth.com](http://longstreth.com). If you have any questions about sizes/lengths to get, please ask. As in years past, I can get team pricing on these products, but I would need your order by Friday, Sept. 11. Just send me an email. I will let you know the amount you owe once I get the invoice, but it will always be 10-20% lower than if you just order online yourselves.

That's it in a nutshell. I am sure there will be many more questions in the days that follow, but I will do my best to answer them all. Please email any questions to [cynthia.tserkis@boontonschools.org](mailto:cynthia.tserkis@boontonschools.org). I am truly looking forward to seeing all of your smiling faces and getting back to the field. Until next week, enjoy the rest of your summer!

Kind regards,  
Cindy Tserkis-Schlitt