

Coronavirus – What You Need to Know

The federal Centers for Disease Control and Prevention (CDC) is closely monitoring an outbreak caused by a novel coronavirus in Wuhan, China, which first emerged in December 2019. While the outbreak began in mainland China, cases have been identified in a growing number of locations including the United States. The CDC advises that the immediate health risk from coronavirus to the general public in America is considered low at this time, but public health officials take the threat of coronavirus very seriously.

The Town of Boonton Health Department is working closely with its State and federal partners to monitor this evolving situation closely. These authorities are providing daily guidance to local health officials so any concerns related to novel coronavirus may be addressed rapidly and comprehensively.

While the immediate risk is believed to be low at this time, there are things you can do to help preclude the spread of germs and avoid illness:

- Wash hands frequently with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizers.
- Avoid touching eyes, mouth and nose with unwashed hands.
- Avoid close contact with individuals who are sick.
- Stay home when you are sick. The CDC recommends that individuals remain home for at least 24 hours after you no longer have a fever or signs of a fever (i.e., chills, flushed appearance).
- Cover your cough or sneeze with a tissue, then immediately discard the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Take any anti-viral medication prescribed to you as instructed.
- It's currently flu and respiratory disease season. The CDC recommends getting a flu vaccine and taking flu antivirals if prescribed.
- If you have been in China or have been exposed to someone sick with coronavirus in the last 14 days, you will face some limitations on your movement and activity. Please follow instructions during this time.
- If you develop symptoms consistent with coronavirus, contact your healthcare provider and tell them about your symptoms, travel history or possible exposure to a coronavirus patient.
- For people who are ill with coronavirus, please follow [CDC guidance on how to reduce the risk of spreading your illness to others](#).
- Visit the Centers for Disease Control and Prevention website at www.cdc.gov/coronavirus.
- Visit the New Jersey Department of Health website at <https://www.state.nj.us/health/cd/topics/ncov.shtml>

- **24-Hour Public Hotline (中文)**

- **1-800-222-1222**

- Trained healthcare professionals are standing by to answer questions about coronavirus. The call is free.