



Mountaineers RUGBY

Supported by
Mountain Lakes, Boonton, and Boonton Twp. Recreation

SUMMER 2010

Summer Time is Rugby Time!!!

American Flag Rugby comes to Mountain Lakes, Boonton, and Boonton Township!

Coordinators: Kelly Minter- 973-794-4729 or kminiter@hotmail.com and Jeff Gresack-
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Coed, Non-Contact fun for Boys and Girls age 5-14

June 14th – July 24th

**Practice is on Monday and Wednesday evenings from 6:30 to 8:00pm
and games on Saturday mornings.**

Tri-town Mountaineers Rugby takes to the Field! The game we play is called American Flag Rugby, a coed, non-contact form of rugby using flags. Players build and utilize the skills of running, kicking, passing, space strategy, and teamwork. It's a game for all shapes and sizes and is firmly focused on developing self-confidence and having fun.

American Flag Rugby introduces young players to the game with an emphasis on enjoyment and sportsmanship, rather than on competitiveness. Children play in 4 age groups, each bringing in more aspects of the game as the players progress. The program is intended for children entering kindergarten through ninth grade.

The Owls:	For Children Entering Grades	K - 1
The Falcons:	For Children Entering Grades	2 - 3
The Hawks:	For Children Entering Grades	4 - 6
The Eagles:	For Children Entering Grades	7 - 9

*We know its summer, so we keep things low key. It is a low pressure environment where kids are expected to come and go as family vacation schedules require. All players get to play in the matches, whether or not they have been able to attend practices.

Of course, no experience is necessary. The program is run as a clinic, with two evening practices (Mondays and Wednesdays from 6:30pm-8:00pm) at the Mountain Lakes High School Football Field in Mountain Lakes. Saturday morning games are scheduled against neighboring towns, which will require travelling to those towns. All age groups have practices at the same time and same place.

So come out and join the more than 1,000 other young players from 10 other Morris County area towns who will take the field this summer!

For more information go to www.tritownrugby.com

Morris Rugby is a 501-c-3 New Jersey Non-Profit Corporation.

