

# Boonton Parks and Recreation

presents



## YOGA



Come learn the benefits of yoga!

Mondays

6:30PM – 7:30PM

Level II/mixed level

Yoga with Phil

(For those who have prior yoga experience)

Wednesdays

6:15PM – 7:15PM

Level I/mixed level

Yoga with Phil

(For beginners or those with basic knowledge of yoga)

Wear comfortable clothes- mats are provided!

### *Yoga Winter -2012*

*8 week session*

*January 2 – February 22*

*Level II class Mondays*

*\$72 for 8 weeks*

*Level I Class Wednesdays*

*\$72 for 8 weeks*

*Drop In Rate*

*\$12/class*

*Register for both classes*

*\$125 for 8 weeks*

For additional information contact Boonton Parks and Recreation  
(973) 263-2110

Please return to Boonton Parks and Recreation,  
100 Washington St, Boonton, NJ 07005

Checks made payable to Boonton Parks and Recreation

### Yoga by Boonton Parks and Recreation- Winter 2012

I am covered by appropriate Medical/Accident Insurance and I accept full responsibility for any injury that might occur during this program. I will not hold the Boonton Recreation Committee or any of their employees responsible for any accidents or injuries which may occur in the course of, prior to the start of, or after the facilitation of the above program.

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number(\_\_\_\_\_)\_\_\_\_\_ E-Mail\_\_\_\_\_

Level II @\$72\_\_\_ Level I @ \$72\_\_\_ Both @ \$125\_\_\_ Drop In\_\_\_