

# Boonton Parks and Recreation



presents

## DANCE, MOVE, and CREATE with *WELLNESS in MOTION*

Movement and dance program for exceptional children

Thursdays

3:30PM – 4:15PM      ages 5 – 9

4:30PM – 5:15PM      ages 10 - 15

January 14- March 25<sup>th</sup>

10 Weeks for \$75/person

**Movement and Dances will be created and expressed**

**Current music and props will be used**

**Performance to be shared last session**

Program held at Boonton Rec Center, 1210 Cedar St, Boonton

For questions please contact Boonton Parks and Recreation at 973-263-2110

Mail Registration Form along with Payment to:

Boonton Parks and Recreation, 100 Washington St, Boonton, NJ 07005

(payable to Boonton Parks and Recreation)

Instructor: Joanne Zullig is a board certified dance/movement therapist and President of Wellness in Motion. She is a Licensed Professional Counselor in the state of New Jersey. She shares her love of dance by teaching and performing to all age levels. Dance therapy is the use of movement and dance for the purpose of integrating the body and mind.

***COME AND JOIN THE DANCE!***

### Wellness In Motion Dance Program Winter 2010

I am covered by appropriate Medical/Accident Insurance and I accept full responsibility for any injury that might occur during this program. I will not hold Wellness In Motion, the Boonton Recreation Committee or any of their employees responsible for any accidents or injuries which may occur in the course of, prior to the start of, or after the facilitation of the above program.

Participant's Name \_\_\_\_\_ Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

Phone Number(\_\_\_\_\_) \_\_\_\_\_ E-Mail \_\_\_\_\_

3:30PM Class (ages 5 – 9) \_\_\_\_\_

4:30PM Class (ages 10 – 15) \_\_\_\_\_